



SCHOOL of DANCE

Announcing All New Kehl Acro Program for 2017-18:

We have exciting news! Kehl is now one of only 12 studios in the entire state of Wisconsin to be AcroDance certified! We plan to take our Acrobatics Program to the next level this year. Acro will be open to all students, experienced or not. We will be building a strong foundation based on proper progression and **safety** in our movements.

There is a step by step syllabus we will follow in order to ensure proper form and readiness for new skills. Dancers that enroll in the new Acro Programming at Kehl will quickly develop a greater sense of balance, strength, flexibility and be fearless for tricks and lifts often used in competitive dance!

What is the difference between Acro and Gymnastics?

AcroDance is the beautiful fusion of the artistic motion of dance and athleticism of acrobatics. AcroDance seamlessly blends classic dance styles with acrobatic movement.

It is important to note that AcroDance is not the same thing as Gymnastics. There is a need to teach Acro skills differently than Gymnastics. Dancers perform on a hard stage without mats. Gymnasts have the advantage of a super sprung floor to assist them with their skills.

The average gymnastics floor routine uses some dance technique to showcase gymnastic moves and dance is definitely secondary. AcroDance is the opposite. Solid dance training in Ballet and Jazz is essential to the success of the Acro dancer. Unlike gymnastics, Acro dancers need to flow in and out of skills to create a seamless transition into dance choreography.

Want to experience the fun of Acro? Come find out what it's all about...

Attend Kehl's Acro Clinic on **Saturday, August 12th or Saturday, August 19th**. All clinics will run by age, no matter the level. The clinic will cover all skills that will be evaluated in the Acro class placement process. The clinic will be very fun and will accommodate all levels!

Location: Kehl Madison on Verona Rd in Studio A (the big room, so we can accommodate as many students as possible)

Saturday, August 12th:

- *Ages 6-8 1-2pm*
- *Ages 9-11 2-3pm*
- *Ages 12+ 3-4pm*

Saturday, August 19th:

- *Ages 6-8 1-2pm*
- *Ages 9-11 2-3pm*
- *Ages 12+ 3-4pm*

Cost of clinic: \$20. Please register online through the parent portal, under the ACRO session.

****Clinic is not required for students enrolled in Summer Acro, but it is strongly suggested and will be fun!****

What to wear: Girls should wear leotard & shorts, bare feet, no tights, hair secured in a low bun. Boys should wear shorts and a t-shirt. If you own a "splits block"/yoga block, please bring it!

How do I know what level to enroll in for the Fall?

Proper placement in the new program is the key to success. We ask anyone not enrolled in Summer Acro to attend a one hour Class Placement Clinic on **Saturday, August 26th:**

- Ages 6-8 noon-1pm
- Ages 9-11 1-2pm
- Ages 12+ 2-3pm

There is a \$10 charge for this Class Placement Clinic which will be waived if you attend one of the August clinics or at least 4 of the 6 Summer Acro classes. **Students that did not attend Summer Acro MUST be evaluated to enroll in Acro this fall.**

FAQs:

How do I know what level I will be placed in? *Following the placement clinic, instructors will evaluate each student's skill level. You will receive an email indicating your student's class placement along with information about when that class will meet during the school year. We are working diligently to ensure that each student interested in Acro will be able to participate.*

How will levels be determined? *Levels will be determined strictly by skill level and ability - not by age. Please remember that changes come with a new program. Levels will be identified by a color. Students of similar skill levels will be placed together. According to our new programming and per our certified instructor's responsibility, it is the duty of the certified instructor to ensure safety and proper progression of students in all levels.*

We want all students will be challenged in Acro! Students may sometimes feel that they are working on skills they have already learned. This could happen as we teach new techniques in order to prevent injury. Gymnastics experience does not guarantee placement in a higher level. Previous Acro experience may help to test into a higher level, but it is not guaranteed.

The famous Cirque Du Soleil recommends the AcroDance Program!

"Cirque du Soleil sees acrobatic training for dancers valuable in the same light as it sees ALL multidisciplinary training for dancers valuable for today's (and tomorrow's) artistic workforce. To work in the dance milieu today, mastering several disciplines is almost a necessity; for Cirque du Soleil multidisciplinary is an absolute must for the majority of the dance roles..."

School Year Class Cost

For team dancers, Acro is an add-on class and payments begin in September. For non-team dancers, the class is charged at the regular cost of a one hour class: \$68 made in 8 automatic payments.

We can't wait to share our new Acro Program with you!