

Ballet/Jazz Dance Games

Dance Musical Chairs

- Use dots in place of chair
- When dancers are out, they can stretch or sit in the splits

Freeze Dance

- Free movement
- Stop music- dancers end in leveled poses – one leg ect
- If dancers move before music starts, they are out
- Dancers stretch or sit in splits when out

Dice Dance Game

- Divide class into groups either colors or numbers based on dice
- Make a circle and roll the dice
- When their color/number is rolled they must improve a dance
- Everyone gets to roll or teacher rolls depending on class size
- Teacher changes music for each color/number

Simon Says

- Have dancers stretch or sit in the splits once out

Museum Game

- Divide into 3 or 4 groups
- First group makes a pose
- Second group memorizes the pose
- Second group leaves the room
- First group changes 2-3 things in the pose
- 2nd group comes back in and find the differences

Who is the leader?

- Teacher picks a guesser
- Guesser leaves the room and the teacher picks a leader
- The leader makes up dance steps
- Everyone has to follow the leader as fast as they can
- The guesser comes in and has 3 guesses to figure out who the leader is

Tap Dance Games *(above options could apply as well)*

Telephone Tap

- Tap round game by adding sounds- dancers stand in a circle adding sounds one by one. Each dancer makes the sounds added before they add their own.
- Try adding different rhythms- slow/medium/fast
- Try adding upper body/arms

Call and Response Game

- First tapper gives a step
- Everyone responds or choose one person to respond

Stomp Circle

- One person stomps out a rhythm and others have to follow
- If they do it wrong, they sit