



Ballet Theory



Choregraph 16 counts using each of the following positions and steps. You may also use other steps in your arrangement – extra points if you know the meaning of the French terms



MATCH THE FRENCH TERMS WITH THEIR ENGLISH MEANING

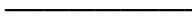

plié	round of the leg
tendu	strike
degagé	melt
ronds de jambe	small beats
frappé	develop
fondu	stretch
petits battements	disengage
grands battements	bend
développé	large beats



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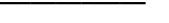

5th position  

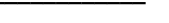

glissade  

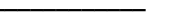

chassé  

relevé  

écarté  

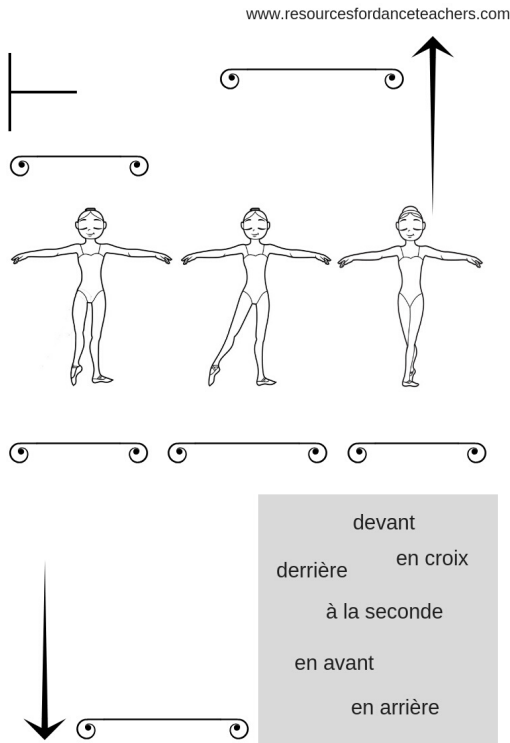
changeement  

plié  

tendu  

Match the following positions and directions

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devant
derrière en croix
à la seconde
en avant
en arrière

Ballet quiz

- Name 2 brands of pointe shoes
1. _____
2. _____
- Name 2 professional ballet dancers from 2 different countries
1. _____
2. _____
- What does demi contretemps mean?

- Why do we do petits battements at the barre? What do they prepare us for in the centre?

- Which time signature do we normally use for a waltz/balancé _____